



ROUTE DETAILS:

Starting point: C/ L'Era (by the Cooperative).

Destination: C/ L'Era (by the Cooperative).

RECOMMENDATIONS:



Keep dogs on a leash



Respect the fauna



Respect the flora



Follow paths



Bring plenty of water



Travel in company

PROHIBITED:



No fires



No motor vehicles



No littering

SIGNS:



Route continues



Sharp change of direction



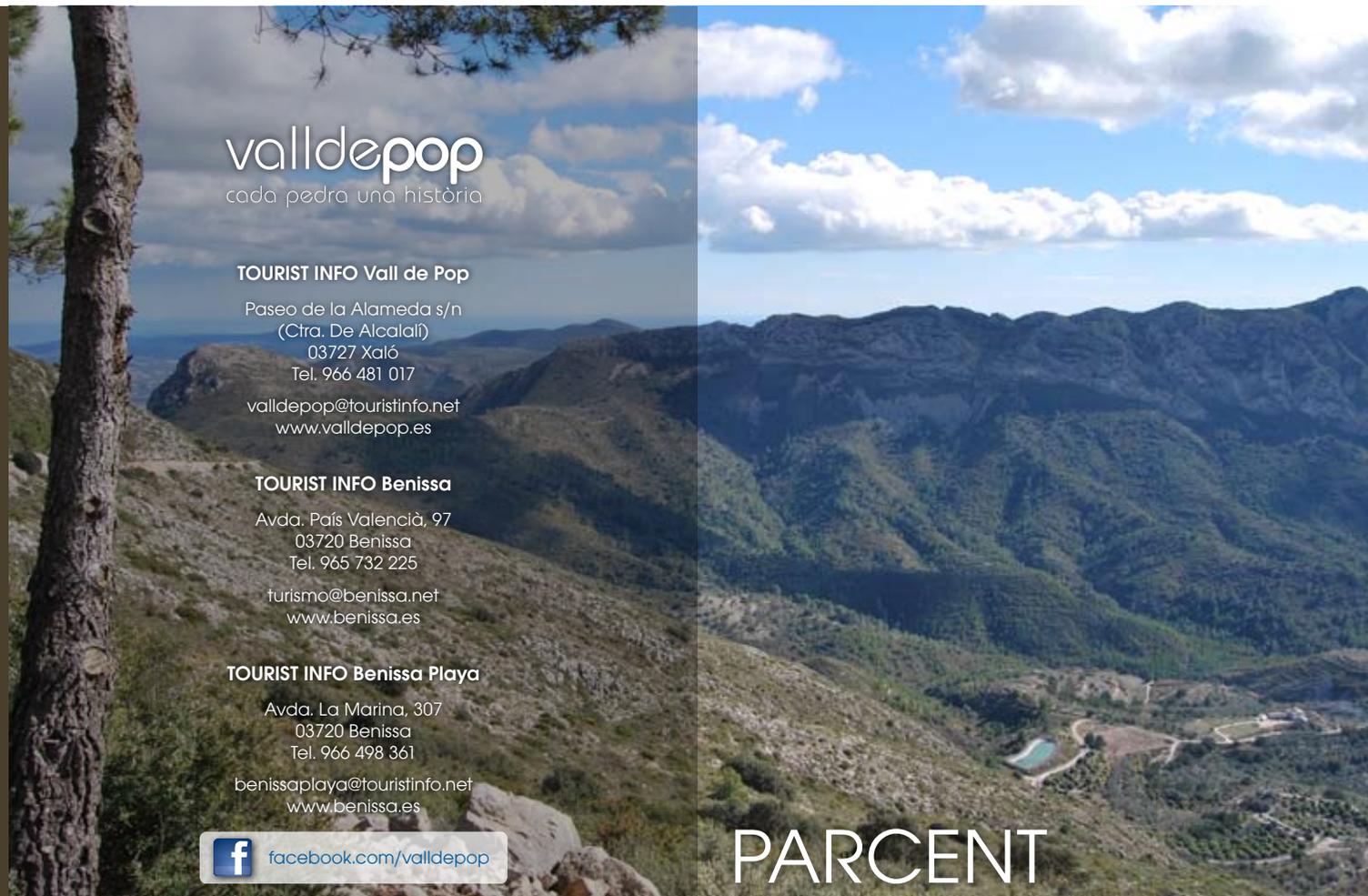
Change of direction



Wrong direction

Should you detect any damage to the signposting, please contact the FEMECV so that it can be repaired.

www.femecv.org



valldepop
cada pedra una història

TOURIST INFO Vall de Pop

Paseo de la Alameda s/n
(Ctra. De Alcalalí)
03727 Xaló
Tel. 966 481 017

valldepop@touristinfo.net
www.valldepop.es

TOURIST INFO Benissa

Avda. País Valencià, 97
03720 Benissa
Tel. 965 732 225

turismo@benissa.net
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TOURIST INFO Benissa Playa

Avda. La Marina, 307
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PARCENT SERRA DEL CARRASCAR

PARCENT - TÀRBENA

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The climb to Sierra del Carrascar mountain range in Parcent offers impressive views over La Vall de Pop. The elevation and gradient even allow for paragliding activities on the northern slope.

The vegetation in the mountain range is abundant and diverse, with a good representation of different types of Mediterranean scrubland, such as thickets in the driest and most sunbeaten areas, with an abundance of steppes and aulaga. The shady land is home to tangles of sarsaparilla, Mastic specimens and other autochthonous shrubs.

Back in Parcent, you can visit the Cooperative, a unique construction that once accommodated the oil mill and has been reconverted into an oil and wine museum.

TECHNICAL INFO

Type of route: Circular

Total estimated duration: 6hrs. 15mins

Total distance: 14,428 m.

Gradient: 741 m.

Difficulty: Moderate-Difficult

Province: Alicante

Region: Marina Alta

Area: La Vall de Pop

Villages along the route:

Parcent - Tàrbena



PR CV 158

www.valldepop.es

WALKING ROUTES



VIEW FROM THE
FOREST LOOKOUT

The itinerary departs from the information panel located by the Cooperative on **Calle L'Era** in Parcent. Follow the *Camí dels Pous* past a restored **well** and on to a dirt track.

Continue along the track and then on to a footpath with paved sections. Take the *Camí de les Revoltes*, a steep climb up a zigzag path. This section ends at Coll de Rates road, where you will find a **viewpoint** and an information panel that will help you interpret the landscape.

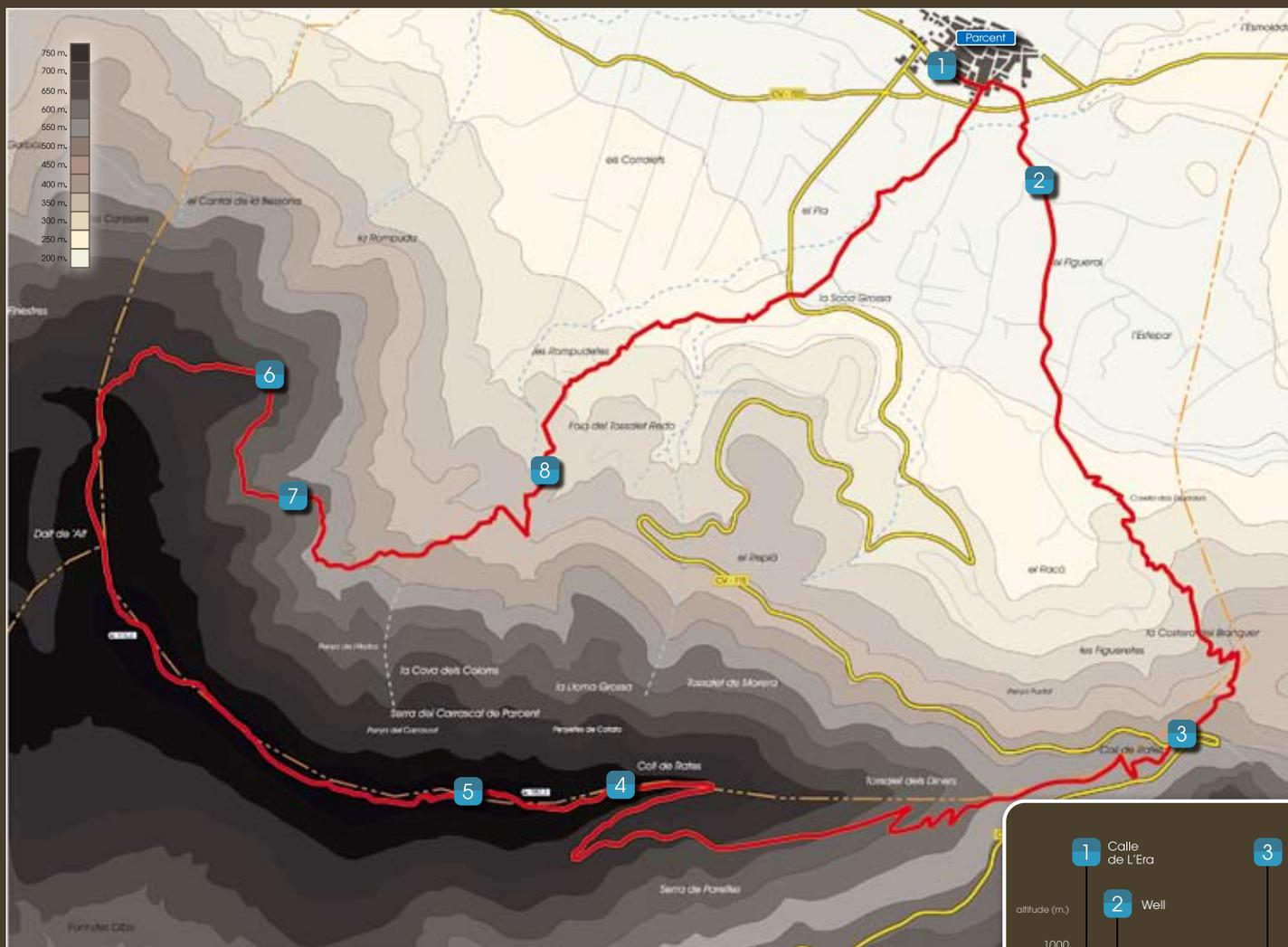
Continue up towards the second viewpoint and then take the track up to the summit. The first climb takes you to *Tossal dels Diners*, where you will see several antennas. From this point, the wide panorama offers a view that stretches over the two Marinas, from the inland valleys to the coast. In the foreground stands the Sierra del Ferrer mountain range, a beautiful and natural habitat classed as a Protected Landscape, alongside the Sierra de Bèrnia mountain range.

The track continues on to a **forest lookout** and along the crest of the Sierra del Carrascal mountain range. Vegetation is scarce in this part of the itinerary given harsh environmental conditions such as the steep gradient and the lack of soil. Underfoot, the rock has been heavily eroded by rainwater.

The route starts making its way down after passing the Altos de Polupí, with a steep first section. After reaching the **Mina de Ferro well**, detour a few metres from the path to **Coveta dels Coloms**.

Further ahead stands the **Font de la Foia**. This spring is surrounded by pine trees and water rises to the surface here all year round. The footpath turns into a track by the spring. Continue left along the track until you return to the footpath.

On the way down, the thickets and pine forests are dotted with the occasional Holm oak, a testament to the original vegetation that populated the land, so much so that Sierra del Carrascal mountain range was named after the trees.



When you reach an intersection with the main road, continue straight ahead along a path. Turn left and head into a ravine before reaching Parcent after approximately 300 metres



MAIN POINTS	Distance	Duration
1 Calle de L'Era	0 m.	0
2 Well	590 m.	10 mins.
3 Coll de Rates viewpoint	3.270 m.	2hrs. 58
4 Forest lookout	6.650 m.	3hrs. 53
5 Summit	7.630 m.	4hrs. 18
6 Mina de Ferro Well	10.050 m.	4hrs. 54
7 Coveta dels Coloms	10.600 m.	5hrs. 04
8 Font de la Foia	11.560 m.	5hrs. 18
1 Calle de L'Era	14.428 m.	6hrs. 15

Download this route at www.valdepop.es
www.benissa.es

OUTLINE OF THE ROUTE

